



FOR IMMEDIATE RELEASE

**J&M FAMILY MANAGEMENT NAMES SHARON SHIELDS-RIOS, BSN, RN  
VICE PRESIDENT OF HEALTHCARE**

*Nurse and veteran of senior living brings passion for person-centered care*

GRAPEVINE (Texas) – August 11, 2021 – J&M Family Management, LLC, a family-owned business with a passion for senior care spanning nearly two decades and the operator of Autumn Leaves®, a national leader in standalone residential memory care, announces the hiring of Sharon Shields-Rios, BSN, RN to the position of Vice President of Healthcare.

The appointment marks a happy return to the company for Mrs. Shields-Rios, who originally joined the team in 2011 where she served in a variety of roles over five years including Regional Leadership as well as Healthcare Training and Quality Assurance positions.



Mrs. Shields-Rios brings exceptional tenure to her new role, having most recently served as Director of Clinical Compliance and Risk Management for American House Senior Living. Prior to that, she held Regional level positions at several highly respected senior living companies. Mrs. Shields-Rios’ genuine enthusiasm for senior care and clinical expertise will be instrumental in empowering her teams to be successful.

As the Vice President of Healthcare, Mrs. Shields-Rios will be responsible for the development and management of community healthcare teams, providing clinical support, and guiding wellness policies. She will also oversee our award-winning Life Engagement programming, a biography-based activities and engagement component designed to complement our person-centered approach to nursing and caregiving.

“We are so delighted to welcome Sharon back to our J&M family. Her heart for senior living is well-known throughout the company. She will be a guiding force for our teams and a wonderful advocate for residents and families alike”, says Jessica Akaah, Chief Operating Officer of J&M Family Management.

**About J&M Family Management**

Family owned and operated since 2008, J&M Family Management, LLC operates Autumn Leaves® memory care communities throughout the United States, while also owning and maintaining the brand. Additionally, J&M partners with third party owners to manage other senior living properties, including assisted living and independent living. J&M’s principals are highly experienced in all aspects of real estate as well as management of senior living, multi-family housing, and hospitality. For more information about our business and opportunities, please visit [JMFM.com](http://JMFM.com) or call 800-452-7255.

[JMFM.com](http://JMFM.com)

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**About Autumn Leaves®**

Family owned and operated memory care assisted living communities since 2000, Autumn Leaves® is dedicated to serving those living with Alzheimer's and dementia. Autumn Leaves communities are committed to providing exceptionally high-quality care and research-based programs that allow for safe, secure, and active environments for its residents. An acknowledged leader in memory care, Autumn Leaves combines clinical expertise, knowledge of dementia, and heartfelt compassion to create the best possible care environment. For more information, please visit [AutumnLeaves.com](http://AutumnLeaves.com) or call 888-662-8886.

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